

ADELAIDE U3A BUSHWALKS – FEBRUARY TO NOVEMBER 2019

THIRD TUESDAY EACH MONTH 10.00 a.m. to 12 noon

****Supportive shoes with good tread (paths can be slippery) a hat and a bottle of water are important. A reasonable fitness level is needed****

Walks will be cancelled if the weather is forecast as 34C and over. If you are uncertain if the walk will continue please ring the walk leader of the day.

Walk leaders are Christine Brumbt, 0481329416; Francine & Jim Bickford, 0447191373; Peter Gray 0431810129 and Don Finlayson, 0400056149.

TUESDAY, 19 FEBRUARY. River and Gardens.

Meet in the 4 Hour non ticket parking along War Memorial Drive between Montefiore Road and the entrance to the North Adelaide Par 3 Golf Course City. UBD 1, H 14. We will enjoy walking along the banks of the Torrens and into the Botanical Gardens to see the First Creek Wetlands, Palm House, the Rose Garden and the Bicentennial Conservatory. Other areas will be visited time permitting. Leader: Christine.

TUESDAY, 19 MARCH. Flinders University walk.

Meet on the corner of University Way and St Georges Terrace, Bellevue Heights. UBD 154, B 10. There is ample parking in St Georges Terrace. We will walk along the pedestrian/cycle track and then meander through the pine forest, associated tracks and past university landmarks. Some sections are quite steep. Leaders: Francine & Jim

TUESDAY, 16 APRIL. Belair National Park.

Meet in the parking area near Upper Sturt Lodge, located on Upper Sturt Road, Belair. UBD map 156, B 6. Segments of various tracks have been stitched together to provide us with a walk through one section of the park which is still covered with natural vegetation - and some exotic vegetation such as blackberries. We are likely to see koalas and emus and could have a surprise encounter with a kangaroo or even the elusive echidna. Leader: Don.

TUESDAY, 21 MAY. Flagstaff Hill.

Meet at Gate 12 of the Park, Broadmeadow Drive, Flagstaff Hill. UBD 154, A 13. This is a lovely river walk with some steep sections. Leader: Christine

TUESDAY, 18 JUNE. Sturt Gorge Recreation Park-Craigburn Farm.

Meet at the corner of Trevor Terrace & Alison Ave, Blackwood. UBD 154, L 10. We will follow the Magpie Creek to Craigburn Farm where we will walk on the Sidewinder

(hugs the hill side and is narrow in parts), Little River and Lakeview tracks. Leader: Christine.

TUESDAY, 16 JULY. Stockade Botanical Park.

Meet in the car park at the end of Howard St off Briens Rd, Walkley Heights. UBD 94, P 5. Mainly flat, good gravel wet weather track. Natural scenery and historical features reference the early history of Yatala Goal. Expect a surprise end to the walk. After the walk coffee is at the nearby Bridgeway Hotel. Leader: Peter.

TUESDAY, 20 AUGUST. Anstey Hill Recreation Park.

Meet at car park UBD 85, H 12 (first turn right off North East Rd, immediately after Perseverance Rd, about 0.5kms uphill). Beautiful tree lined paths, native animals, wild flowers and scenic views back to the Adelaide plains and sea. It is likely to be cool, possibly wet so dress accordingly. Most gradients are reasonable and paths vary from single lane road to single file track. Sturdy walking shoes are essential and water as required. Leader: Peter.

TUESDAY, 17 SEPTEMBER. Mt Lofty Botanical Gardens.

Meet in the upper carpark of the Gardens, off Summit Rd/Mawson Drive, Crafers. UBD 145, B 6. Parking fees apply. We will see spring flowers in bloom and panoramic vistas of the Piccadilly Valley, as we explore sections of the Magnolia and Rhododendron Gullies. Some sections of this walk are quite steep. Leaders: Francine & Jim.

TUESDAY, 15 OCTOBER. Cleland Conservation Park.

Meet outside of the visitors centre after parking in the spacious car park, Cleland. UBD 132, M 12. If travelling from the city take Greenhill Road, then Mount Lofty Summit Road and take the turn off into the park. The car park is the starting point for an incredible number of walks varying in difficulty, vegetation type, and scenery. One of the low-intensity workouts will be selected to suit the weather of the day so that you can enjoy a 'walk in the park'. At walks end, we can retire to the café and sip lattes or whatever takes your fancy. You might want to stay on and enter the park (charges apply). Leader: Don.

TUESDAY, 19 NOVEMBER. Beach and Cliff walk

Meet and park on the Esplanade, Seacliff, opposite the Reserve between Young St and Portland St. UBD 152, G9. We will walk to historic Kingston House and then take the Marion Coastal Trail, heading south along the cliff tops, towards Hallett Cove. This is an easy walk with some climbing, beautiful sea views, but little shade. Hats essential. Leaders: Francine & Jim.